



The Mount Helena Tavern

900 Keane Street W, Mount Helena 6082 Ph: 9572 2121



Mount Helena Tavern



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Burgers

TRUFFLE STEAK SANGA 30

2023 top 4 steak sandwich in WA, Perth Metro 50gm Dry aged scotch fillet, truffle mushrooms, onion jam, swiss cheese, lettuce, aioli & chips

SMASHED BURGER 19

Two 100g beef patties, pickles, cheese, onions, mustard and ketchup, served with chips

Bacon 3 Egg 3

BLT 21

Bacon, lettuce, tomato, aioli served with chips

Chicken 7 Avocado 3

MOUNTIES BURGER 23

good old - fashion hamburger with a beef pattie, beetroot, cheese, tomato, lettuce, onion, bbq sauce, aioli served with chips

Egg 3 Bacon 3

CHICKEN BURGER 23

Homemade southern fried chicken topped with bacon, lettuce, tomato, red onion, cheeseburger sauce, sliced cheese & chips.

I'M A 'FUNGI' BURGER 23

Crumbed mushroom, beetroot relish, baby spinach, red onion, swiss cheese and aioli served with sweet potato chips
GLUTEN FREE OPTION

STEAK SANGA 26

Grilled juicy sirloin topped with homemade tomato relish, bacon, onion, cheese, mesculin, fresh tomato and aioli in toasted Turkish bread served with chips.

GLUTEN FREE BUNS 2

Please advise staff about any food allergies

Salads

CLASSIC CAESAR 21

Baby cos tossed in homemade caesar dressing with crispy bacon, croutons, egg & shaved parmesan
With the option to add chicken and avocado
GF OPTION AVAILABLE

Chicken 7 Avocado 3

CAJUN SALAD 22

Mesculin, snow peas, cashews, red capsicum, cherry tomatoes & lettuce tossed in a cajun aioli.

Chicken 7 Avocado 3

CAULIFLOWER SALAD 24

Crispy fried cauliflower, sweet potato, kale, slaw, snow peas & lemon dressing (veg)

Avocado 3

Pizzas

GARLIC 9

9" Pizza with garlic, parmesan, olive oil, sea salt

MARGHERITA 17

Tomatoes, fresh basil, mozzarella cheese

HAWAIIAN 19

Bacon, pineapple, mozzarella cheese

VEGETARIAN 22

Mushroom, red onion, tomato, fetta, olives, baby spinach, basil

SMASHED BURGER 22

Our Famous Smash Burger on a pizza beef mince, onion, pickles, mustard, cheese, ketchup on a napolitana sauce base

BBQ CHICKEN 24

Chicken, bacon, pepperoni, red onion, topped with smokey bbq sauce

PRAWN STINGER 25

Spicy garlic prawn pizza, bacon, red onion, fresh chilli, spring onion

SUPREME 24

Pepperoni, bacon, mushrooms, capsicum, pineapple, olives, mozzarella

GLUTEN FREE BASES 3

VEGAN CHEESE \$3

Desserts

STICKY DATE 12

Served with butterscotch sauce, cream and ice cream

CHOC BROWNIE 12

Served with cream, ice cream and rich chocolate sauce (VEGAN OPTION)

Kids Menu

CHICKEN NUGGETS & CHIPS 10

FISH N CHIPS 10

PASTA IN NAP SAUCE & CHEESE 10

MINI SMASHED BURGER 14

Smashed beef patty, cheese and tomato sauce served with chips and tomato sauce

ICECREAM, TOPPING, SPRINKLES 5

JUICE BOX 3

APPLE, ORANGE, APPLE & BLACKCURRANT



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Starters

GARLIC BREAD 9

3 pieces (V)

SWEET POTATO CHIPS 12

With aioli (½ bowl not available for sweet potato chips)

GLUTEN FREE (V)

CHIPS 11

With tomato sauce or aioli (V)

HOMEMADE SOUP 14

Soup of the day, please see our specials menu.

CHICKEN TENDERS 18

Southern fried chicken tenders served with aioli

Add Buffalo Sauce 2

BUFFALO WINGS 20

Buffalo chicken wings served with celery and ranch dipping sauce

PORK BELLY BITES 17

Spicy Korean glazed Pork belly bites with spring onion and sesame seeds

LEMON PEPPER SQUID 17

Lightly dusted calamari with homemade garlic aioli

GFO AVAILABLE

FISH TACOS 21

3 tacos with crispy battered snapper served in a soft tortilla wrap with homemade corn and tomato salsa, pickled Spanish onion and sriracha mayo

Weekly Specials

Monday Steak \$25

Tuesday Parmi \$24

Wednesday Burger \$16

Thursday \$1 Wings

Friday Surf n Turf \$30

Sunday Roast \$25

Not available on public holidays

Chef's Specials

WING DING PLATE 28

Buffalo Chicken Wings, Pork Belly Bites, Basket of Chips with Ranch Dressing

ROAST 25

with roasted vegetables, Yorkshire pudding and gravy

Ask our staff about the roast of the day
SUNDAYS ONLY

Pub Classics

FISH & CHIPS 1PC 19

FISH & CHIPS 2PC 25

Beer battered snapper fillet with chips, salad, homemade tartare & lemon
Grilled (gfo available on request)

EGGPLANT PARMI 25

Crumbed eggplant topped with Napoli sauce, cheese served with chips & salad

GFO AVAILABLE

VEGAN OPTION

CHICKEN PARMI 28

Homemade panko crumbed chicken breast topped with Napoli sauce, cheese served with chips & garden salad

CHICKEN SCHNITZEL 26

Crumbed Chicken Breast served with chips, salad and your choice of mushroom, pepper or garlic sauce

BEEF & GUINNESS PIE 26

Chunks of tender steak, guinness, flaky pastry served with chips and salad or mash and veg

Grilled

PORTERHOUSE STEAK 36

250g MSA porterhouse cooked to your liking with chips & garden salad or mash & veges served with your choice of pepper, creamy garlic (GF) or mushroom sauce

Add prawns \$8

GLUTEN FREE OPTION AVAILABLE