

# The Mount Helena Tavern

## STARTERS

<b>GARLIC BREAD</b>	9	<b>CHICKEN TENDERS</b>	18
3 pieces (V)		Southern fried chicken tenders served with aioli	
<b>CHIPS</b>	10	<b>BUFFALO WINGS</b>	20
With tomato sauce or aioli 1/2 Bowl of Chips 7 (V)		Buffalo chicken wings served with celery and ranch dipping sauce. G.F	
<b>SWEET POTATO CHIPS</b>	12	<b>FISH TACOS</b>	21
With aioli (½ bowl not available for sweet potato chips)		3 tacos with crispy battered snapper served in a soft tortilla wrap, homemade corn and tomato salsa, pickled spanish onion & sriracha mayo	
GLUTEN FREE (V)		<b>SIZZLING PRAWNS</b>	26
<b>PORK BELLY BITES</b>	17	Sizzling pot of prawns with sliced garlic, fresh chilli, red onion, shallots, parsley and toasted turkish bread GF AVAIL	
Spicy Korean glazed Pork belly bites with spring onion and sesame seeds			
<b>LEMON PEPPER SQUID</b>	17		
Lightly dusted calamari with homemade garlic aioli			
GFO AVAILABLE			

## CHEF'S SPECIAL & GRILLED

<b>WING DING PLATE</b>	28	<b>PORTERHOUSE STEAK</b>	36
Buffalo chicken wings, pork belly bites with a basket of chips and ranch dressing		250g MSA porterhouse cooked to your liking with chips & garden salad or mash & veges served with your choice of pepper, creamy garlic (GF) or mushroom sauce	
		Add prawns \$8	
		GLUTEN FREE OPTION AVAILABLE	

## PUB CLASSICS

<b>CHICKEN PARMI</b>	28	<b>FISH &amp; CHIPS - 1PC</b>	19
Homemade panko crumbed chicken breast topped with Napoli sauce, cheese served with chips & garden salad		<b>FISH &amp; CHIPS - 2PC</b>	25
<b>CHICKEN SCHNITZEL</b>	26	Beer battered snapper fillet with chips, salad, homemade tartare & lemon. Grilled (gfo available on request)	
Crumbed Chicken Breast served with chips, salad and your choice of mushroom, pepper or garlic sauce		<b>FISH OF THE DAY</b>	
<b>PASTA CARBONARA</b>	26	Please see our specials menu.	
Fettuccine tossed with onion, garlic, mushrooms and bacon in a creamy white wine sauce & parmesan		<b>EGGPLANT PARMI</b>	25
		Crumbed eggplant topped with Napoli sauce, cheese served with chips & salad	
		VEGAN AND GFO AVAILABLE	

## KIDS MENU

<b>CHICKEN NUGGETS &amp; CHIPS</b>	10	<b>MINI SMASHED BURGER</b>	14
<b>FISH N CHIPS</b>	10	Smashed beef patty, cheese and tomato sauce served with chips and tomato sauce	
<b>PASTA IN NAP SAUCE &amp; CHEESE</b>	10	<b>JUICE BOX</b>	3
<b>HAWAIIAN OR BACON PIZZETTE</b>	10	Apple, orange or apple & blackcurrant	
<b>BEN &amp; JERRYS ICECREAM</b>	5		

## WEEKLY SPECIALS

<b>MONDAY STEAK \$25</b>	<b>WEDNESDAY BURGER \$16</b>	<b>FRIDAY SURF 'N' TURF \$30</b>
<b>TUESDAY PARMI \$24</b>	<b>THURSDAY \$1 WINGS</b>	<b>SUNDAY ROAST \$25</b>

\*Not available on public holidays\*

900 KEANE STREET W, MOUNT HELENA 6082. PH: 9572 2121



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## BURGERS

<b>STEAK SANGA</b>	30	<b>TRUFFLE STEAK SANGA</b>	30
2024 AHA Best Steak Sandwich contender. 150g dry aged scotch fillet with homemade tomato relish and wagyu bacon aioli, onion, cheese, mescaline, bacon and fresh tomato in toasted Turkish bread served with chips.		Top 4 finalist in the 2023 AHA WA's Best Steak Sandwich competition. 150gm dry aged scotch fillet, truffle mushrooms, onion jam, swiss cheese, lettuce, aioli & chips	
<b>SMASHED BURGER</b>	19	<b>CHICKEN BURGER</b>	23
Two 100g beef patties, pickles, cheese, onions, mustard and ketchup, served with chips - Bacon \$3 - Egg \$3		Homemade southern fried chicken topped with bacon, lettuce, tomato, red onion, cheeseburger sauce, cheese & chips.	
<b>BLT</b>	21	<b>I'M A 'FUNGI' BURGER</b>	23
Bacon, lettuce, tomato, aioli served with chips		Crumbed mushroom, beetroot relish, baby spinach, red onion, swiss cheese and aioli served with sweet potato chips	
<b>MOUNTIES BURGER</b>	23	<b>GLUTEN FREE BUNS</b>	2
good old - fashion hamburger with a beef patty, beetroot, cheese, tomato, lettuce, onion, bbq sauce, aioli served with chips - Bacon \$3 - Egg \$3		GLUTEN FREE OPTION	
		Please advise staff about any food allergies	

## SALADS

<b>CLASSIC CAESAR</b>	21	<b>SATAY NOODLE SALAD</b>	24
Baby cos tossed in homemade caesar dressing with crispy bacon, croutons, egg & shaved parmesan With the option to add chicken and avocado GF OPTION AVAILABLE		Soba noodles, slaw, spring onion, fresh chilli with a homemade satay dressing. VEGAN - Add chicken \$6	
<b>BURRATA SALAD</b>	26	<b>THAI BEEF SALAD</b>	26
Burrata served with a tomato caprese salad (fresh tomatoes, basil, balsamic and olive oil).		Marinated porterhouse steak served on soba noodles, fresh pickled vegetables, fresh coriander and peanuts	

## PIZZAS

<b>GARLIC</b>	9	<b>BBQ CHICKEN</b>	24
9" Pizza with garlic, parmesan, olive oil, sea salt		Chicken, bacon, pepperoni, red onion, topped with smokey bbq sauce	
<b>MARGHERITA</b>	17	<b>PRAWN STINGER</b>	25
Tomatoes, fresh basil, mozzarella cheese		Spicy garlic prawn pizza, bacon, red onion, fresh chilli, spring onion with a drizzle of buffalo sauce	
<b>HAWAIIAN</b>	19	<b>SUPREME</b>	24
Bacon, pineapple, mozzarella cheese		Pepperoni, bacon, mushrooms, capsicum, pineapple, olives, mozzarella	
<b>VEGETARIAN</b>	22	<b>GLUTEN FREE BASES</b>	3
Mushroom, red onion, tomato, fetta, olives, spinach, basil		VEGAN CHEESE \$3	
<b>MOUNTIES SMASHED</b>	22		
Our Famous Smash Burger on a pizza beef mince, onion, pickles, mustard, cheese, ketchup on a napoletana sauce base			

## DESSERTS

<b>STICKY DATE</b>	12	<b>LEMON CITRUS TART</b>	12
Served with butterscotch sauce, cream and ice cream		Served with ice cream GLUTEN FREE	
<b>CHOC BROWNIE</b>	12	<b>APPLE &amp; RHUBARB CRUMBLE</b>	12
Served with cream, ice cream and rich chocolate sauce (VEGAN OPTION)		Served with ice cream GLUTEN FREE	

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